



THE RESERVE at Stone Port

2015 Reserve Circle • Rockingham, VA 22801 • (540) 434-2000
www.liveatstoneport.com

June 2021

THE RESERVE STAFF

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Kehris Snead

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Assistant Maintenance Supervisor-

Jason Kagey

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Nathan Conley

Isaiah Kagey

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Seeing Stars Resident Event!

Ahead of the Fourth of July holiday, we will be hiding FIFTEEN red, white, and blue sparkly stars throughout the community common areas on

Tuesday, June 29th.

If you find a star, please bring it to the Clubhouse to claim your prize! Those that found a star during the scavenger hunt will be put into a drawing for a grand prize!



"Some people want it to happen, some wish it would happen, others make it happen." -Michael Jordan

Cathcart Club Card Spotlight

Valley Paws

Valley Paws is a new member of our Cathcart Club Card program! They are a pet business located here in the Shenandoah Valley that specializes in dog walks, cat visits, overnight stays, pet taxi, house sitting, etc. Give them a call at 540.505.0757 for all of your pet service needs! If you present your club card to them upon transaction, you will receive 30% off on all services!

Explore More Discovery Museum

Do you need something fun to do with your littles this summer? Explore More Discovery Museum, formerly known as the Harrisonburg Children's Museum is a non-profit museum focusing on interactive, multi-sensory learning experiences for children, located in Harrisonburg, Virginia. Show your club card at the front desk to receive \$10 off annual memberships. Located at 150 S. Main St., Harrisonburg, Va. 22801.

Office Hours

Monday 10:00 am–6:00 pm
Tuesday 10:00 am–6:00 pm
Wednesday 10:00 am–6:00 pm
Thursday 10:00 am–6:00 pm
Friday 10:00 am–6:00 pm
Saturday 11:00 am–4:00 pm
Sunday Closed

Office Closed

The Leasing Office will be closed on Friday, June 18th in observance of Juneteenth (June 19th).

The Leasing Office will open back up on Saturday, June 19th with normal office hours from 11AM-4PM.

540.434.2000
www.liveatstoneport.com

Newsletter Ideas?

Have an idea or pictures to add to our community newsletter?

Email us at:

eshort@liveatstoneport.com,

kchapman@liveatstoneport.com or

kmoore@liveatstoneport.com

Protect Your Pets From the Heat

When temperatures soar, keep your pet safe with these summertime tips:

Cool and comfortable. Keep your pet indoors, and be sure to provide plenty of fresh, cool water. Add an ice cube or two to their water bowl for a refreshing treat.

Car caution. Never leave your pet in a vehicle unattended. Even with a window rolled down, the temperature inside a car can rise well over 100 degrees within just 10 minutes on an 85-degree day.

Paw protection. If you can't comfortably place the back of your hand on the ground, it's too hot for your pet's sensitive paws. Try to walk your dog in the morning and evening, when it's cooler outside. Grassy areas are safer than sidewalks or pavement, and stick to shaded areas when possible.

Symptom check. Dogs and cats do not tolerate heat as well as humans do. Know the signs of heatstroke, which include excessive panting, vomiting, a racing heart, and intense lethargy or sluggishness. Keep an eye on your pet and call your vet if you have any questions or concerns about their behavior.

Vaccinations. Make sure your dog's vaccinations are up-to-date, especially since dogs tend to stay outdoors longer and come into contact with other animals more during the summer months.



Ready for Summer Fun

Summer is just around the corner! Prepare for summer fun before the season begins. Check that you have a supply of sunscreen and insect repellent as well as a good pair of sunglasses and a comfortable hat. If you are prone to sunburns, it would be a good idea to have aloe on hand as well. To avoid a last-minute scramble, stock up or replace items now and put them in a bag that's ready to go on an adventure when you are.



Summer Tips and Tricks

Eat bananas to repel mosquitos before they bite. They are a tasty treat and the potassium is a natural mosquito repellent.

If mosquitos bite you, use a mixture of lavender and tea tree oils to help reduce the itch.

For mosquito bites, you can also use a slice of lemon and just rub the lemon on the bite for relief.

For sunburns, put aloe vera into ice cube trays and freeze. Rub on effected area for a cooling relief.

To cool down on a hot day- enjoy a Popsicle! To avoid having a sticky mess on your hands, use a muffin cup liner.

For an adult Popsicle, fill a plastic cup 3/4 of the way with a lime-a-rita, top with a lime slice, place a Popsicle stick in through the lime, and then place in the freezer for at least two hours.

Father's Day Craft

MATERIALS:

Small paper plate, blue construction paper, tape or glue, black marker or pen, washable non-toxic paint, embellishments such as stickers, glitter, jewels, etc.,

DIRECTIONS:

1. Cut the construction paper to look like two ribbons.
2. Write the date and your child's name or a special message on the ribbons.
3. Tape or glue the ribbons to the back of the plate.
4. Around the edge of the plate, write "Best Daddy Ever. Hands down." Save room for your child's handprint.
5. Cover your child's hand with paint, then press their palm and fingers to the center of the plate to make the handprint.
6. Have your child decorate the plate

Fresh Summer Lemonade

- **Ingredients:** 6 cups water, 1 cup granulated sugar, and 1 cup fresh-squeezed lemon juice

Combine 1 cup water and 1 cup sugar in a small saucepan. Place over medium-low heat and stir until sugar is dissolved. Remove from heat and set aside, allow to cool for 10 minutes.

Pour 1 cup fresh-squeezed lemon juice into a pitcher. Add sugar/water mixture. Add remaining 5 cups of water and stir well. Pour over ice and serve!



Swimming Safety

Soaring temperatures might send you running to the nearest pool or swimming hole this summer.

Swimming is an excellent way to cool off while burning calories. Follow these swimming safety guidelines below:

Learn to swim. People of all ages take swim lessons. Look for instructors who are certified by the American Red Cross. The Wellness Center located at 2500 Wellness Dr, Harrisonburg, VA 22801 offers swim lessons for people of all ages! They also offer a variety of water aerobic classes.

Watch the weather. Don't swim during a lightning or wind storm. At the beach, always ask the lifeguard about surf conditions before jumping in.

Check the depth. Never dive or jump into unknown water.

Beware at the beach. Stay near the shoreline. If you're caught in a rip current, swim parallel to the shoreline and call for help. Try not to panic, and don't swim against the pull of the current.

No glass. Broken glass is hazardous, so use plastic or metal containers if you are eating a snack or drinking a beverage by the pool. Please remember, alcohol and swimming don't mix.

Prevent sunburn. Use plenty of sunscreen and reapply it regularly. If you do happen to get sunburned, apply plenty of aloe to the sunburn.



Juneteenth

Juneteenth is celebrated by many people each year on June 19th. It has also been celebrated under many names such as: Freedom Day, Jubilee Day, and Cel-Liberation Day, Second Independence Day, and Emancipation Day to name just a few. Juneteenth is

celebrated on the 19th of June because on June 19th, 1865, the Union soldiers led by Major General Gordon Granger announced the news in Galveston, Texas, that the war had ended and that all enslaved people were officially by law free. Hence the combination of June and 19th.

There are a number of different ways that people celebrate the day including parades, marches, and barbecues. Many people get together for ceremonies that include public service awards, prayer, and the raising of the Juneteenth Flag.

Fun Facts About Juneteenth

- It is the oldest known holiday that commemorates the end of slavery in the US.
- Strawberry soda pop was once a popular drink associated with celebrating the day.
- There is a Juneteenth Flag of Freedom. It is half red and half blue with a star in the middle. Each year a Juneteenth Flag raising ceremony is held in Galveston.
- Some cities and groups have Miss Juneteenth contests.

Fruit Pizza Recipe

- **Make the sugar cookie dough.** Use a sugar cookie recipe as the crust and bake it on a pizza pan. Add a little cornstarch to the dough for extra softness. Chill the cookie dough for 30 minutes prior to baking to prevent it from spilling over the sides of your pizza pan.
- **Press the cookie dough onto a pan and bake.** The crust is done when the edges are very lightly browned. You need a completely cooled crust for decorating— to speed up the process, place the baked crust in the refrigerator after 10 minutes of cooling at room temperature.
- **Chop the fruit as the cookie crust cools.** Use all sorts of colorful fruit such as strawberries, blueberries, kiwi, mango, grapes, bananas, raspberries, etc.
- **Make the frosting.** We use cream cheese frosting for the "sauce" on the fruit pizza. In a mixing bowl using an electric hand mixer (or in the bowl of a stand mixer), whip 1 8 oz pkg of cream cheese, 6 Tbsp granulated sugar and 1/2 tsp vanilla until light and fluffy.
- **Assemble and decorate.** Have fun decorating the pizza with sliced fresh fruit. Make pretty designs or pile it all on top. Little bakers love helping with this step!



June 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Today is Global Day of Parents!	2	3 Graves Mountain Music Festival- June 3-5th from 12:00pm-11:30pm.	4 Today is National Donut Day!	5 Redbud Festival in the town of Dayton from 10am-4pm.
6	7 	8	9	10 Today is National Iced Tea Day!	11 Blue Stone Vineyards Concert- 6:30pm-9:30pm Everyday People	12
13 Shenandoah Beach Music Festival in Staunton, VA located at the Club at Ironwood.	14	15	16 	17	18 Observing Juneteenth- Leasing Office will be closed 6/18. The Office will open back up on Saturday 6/19.	19 Juneteenth!
20 Happy Father's Day to all Dads!	21 Today is the first day of Summer!!	22	23 Today is National Public Service Day!	24	25 Blue Stone Vineyards Concert- 6:30pm-9:30pm Standing Room Only	26 Hamilton Musical located at the Hippodrome Theatre in Baltimore, MD.
27	28	29	30 Today is National Social Media Day!	<i>June</i>		

