



# THE RESERVE *at Stone Port*

2015 Reserve Circle • Rockingham, VA 22801 • (540) 434-2000  
www.liveatstoneport.com

## January 2023



### THE RESERVE STAFF

#### Property Manager

Kehris Snead

#### Assistant Property Manager

Amy McCracken

#### Leasing Consultants

Kaitlynn Turner

Tanner Hart

#### Maintenance Supervisor

Jason Kagey

#### Maintenance Technicians

Brodi Hummel

Chase Brockman

Isaiah Kagey

Nathan Conley

Carlyle Dodson



Life is about  
exploring the  
pasta-bilities

### January Resident Event!

Join us on National Spaghetti Day,  
**Wednesday, January 4th**, from  
**5:30-7:30pm** for a Spaghetti dinner.  
Take it to go or have dinner in the  
clubhouse, either way is just  
as yummy!

### National Popcorn Day!

Be on the lookout for a Poppin'  
Surprise on **Thursday, January 19th**,  
as we celebrate National Popcorn  
Day!



### Christmas Tree Disposal

We wanted to take a moment to  
remind everyone that we are not able  
to allow for disposal of Christmas  
Trees in the trash compactor. Please  
be sure to take trees to the  
Rockingham County Landfill located  
at: **813 Greendale Road**  
**Harrisonburg, Va 22801.**

They are open Monday-Saturday from  
7:00am-4:30pm.



### RSP Community Service

Our residents always show up to help  
others in need in our local community  
and we are so proud of that!

- We collected 300 pounds of food to donate to the Blue Ridge Area Food Bank in November 2022!
- The Wish Upon a Star Tree gifts were delivered to The Mercy House on December 16th! They were so appreciative of our efforts to give two families a very Merry Christmas.

### Newsletter Ideas?

Have an idea or pictures to add to our  
community newsletter?

Email us at:

kturner@liveatstoneport.com,

thart@liveatstoneport.com or

amccracken@liveatstoneport.com

### Office Hours

Monday	10:00 am–6:00 pm
Tuesday	10:00 am–6:00 pm
Wednesday	10:00 am–6:00 pm
Thursday	10:00 am–6:00 pm
Friday	10:00 am–6:00 pm
Saturday	9:00 am–2:00 pm
Sunday	Closed

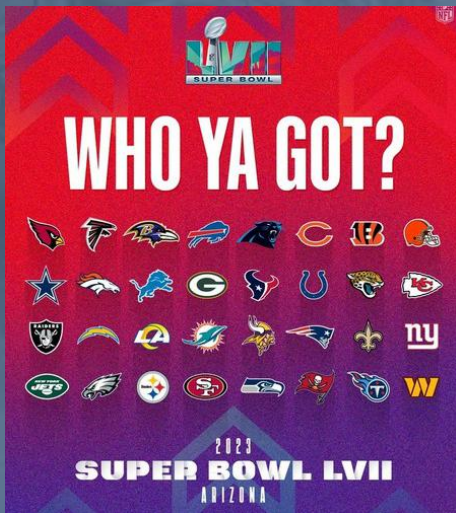
540.434.2000  
www.liveatstoneport.com

### Coffee & Conversation 1/10

Coffee & Conversation happens in the  
Clubhouse at 10am on the 2nd  
Tuesday of every Month!



**HAPPY NEW YEAR!!!**



**It's SUPER BOWL Time!  
WIN A SUPER BOWL PARTY IN  
THE THEATER!**

We will be hosting an NFL Post Season bracket contest starting January 9th. The first set of post season games will be the weekend of January 14th; therefore, brackets will need to be submitted no later than 5pm on Friday, January 13th (**firm deadline**).

Each week of post season you will submit your brackets for that weekend's game by 5pm Friday. The contest winner will be determined by a points system from all predictions made in post season from Wild Card Weekend (1/14) through the Conference Championship Weekend (1/29).

Winner will receive a private Clubhouse Theater Reservation for the Super Bowl on February 12th, a gift card to Vito's Pizza Pie & team cupcakes from Sweets of Wonder!

**Be on the lookout for an email around January 9th with more details!**



**Inspire Your Creativity  
in the New Year**

Are you stuck in a creative rut? Or maybe you are just beginning your creative journey and you don't know where to start. Don't fret! The good news is that creativity is more of a learned skill than a born talent. This means you can boost your creativity and improve your craft.

*Make time for creative thinking.* Our lives can get busy, but frazzled brains and packed schedules don't lend themselves to a creative flow. Steven Kotler, an author and expert on human performance, suggests scheduling regular "non-time," which is essentially time that is your own. To get creative, allow yourself to daydream, brainstorm or journal without worrying about wasting time.

*Get happy!* When you are in a good mood, your brain is more sensitive to out-of-the-box thinking,

meaning you are more open to fresh ideas and creative solutions. Building your confidence will also aid in your artistic journey, helping you overcome the fear of failure when exploring new creative outlets.

*Just get started.* Creativity can stem from creativity: Pick up an instrument and begin learning; grab a canvas and draw or paint freely; sling that camera strap over your head and take a walk outside. Even exercising or playing chess can improve creativity levels.



**Silly Snowman Gift**

This little gift idea is sure to bring a smile. Fill a transparent treat bag with orange candies or snacks, such as M&M's, Skittles, Runts, gummy orange slices, cheese crackers or cheesy popcorn. Gently shake the bag so the treats fill up one corner, and secure the open end with a twist tie or ribbon. Your bag of goodies should look like a carrot! Attach a label with the words "Snowman Nose" to complete the fun.

**Brain Bender: Poetic Pairs**

Each answer to the following clues is a two-word phrase that rhymes. For example: A sleepy winter ride = sled bed. How many can you solve?

1. A chameleon caught in a snowstorm
2. Game pieces in the freezer
3. William is shivering
4. Superior knitwear
5. The value of an icicle
6. Beautiful evergreen
7. How cats keep their paws warm
8. Frozen assets
9. A cozy caterpillar
10. Rethinking your January goals

**ANSWERS!**

(1. blizzard lizard; 2. ice dice; 3. chilly Billy; 4. better sweater; 5. frost cost; 6. fine pine; 7. kittens' mittens; 8. cold gold; 9. snug bug; 10. resolution revolution)



### Lucky Foods for the New Year

On January 1, millions will be serving up the traditional New Year's menu of black-eyed peas, ham, greens, and cornbread. It is believed eating these foods on New Year's Day will bring good luck and prosperity for the remainder of the year.

**Greens** – (collards, mustard or turnip greens, cabbage, etc.) symbolize the green of “dollar bills,” and will ensure you have a financially prosperous New Year.

**Black-eyed peas** symbolize “coins,” and point to monetary gain.

**Cornbread**, with its yellow hue, represents “gold.”

**Pork/Ham** – Whether you use ham to flavor the Hoppin' John, or the greens, pork is meant to bring “forward motion” or “advancement” in the year ahead.

### Collard Greens With Ham Hocks

#### Ingredients

- 1 lb fresh collard greens
- 4 smoked ham hocks
- Crushed red pepper
- Hot sauce
- Salt & Pepper

#### Instructions

- Cut and wash collard greens. Place them in a large pot with ham hocks and crushed red pepper. Add enough water to cover.
- Simmer over medium heat for approximately two hours until greens are tender.
- Remove from heat and add salt, pepper, and hot sauce to taste.

### Hoppin' John

#### Ingredients

- 1 cup dry black-eyed peas
- 4 thick slices bacon, diced
- 1 cup chopped onion
- 1/2 cup chopped green pepper
- 1 teaspoon salt
- 1 bay leaf
- 1 dash each of cayenne & black pepper

- 3 cups cooked rice

#### Instructions

- Wash peas, then cover with 5 cups water.
- Boil 2 minutes. Remove from heat and soak overnight.
- The next day, rinse the beans and drain thoroughly.
- Cook the bacon in a heavy pan until browned. Add onion and green pepper. Sauté until onion is tender.
- Add beans, 2 cups water, and seasonings. Cover and simmer 40 to 50 minutes or until peas are tender.
- Remove bay leaf; stir in rice.
- Continue simmering for about 10 minutes until all liquid has been absorbed.

### Classic Corn Bread

#### Ingredients

- 1 cup all-purpose flour
- 1 cup cornmeal
- 2 to 4 teaspoons sugar
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 2 eggs
- 1 cup milk
- 1/4 cup cooking oil

#### Instructions

- Stir flour, cornmeal, sugar, baking powder, and salt in bowl.
- In separate bowl, beat eggs, milk, and oil, add to flour mixture and stir until smooth.
- Pour into 9 x 9 baking pan and bake at 425 degrees for 20-25 minutes until golden brown.

### Wit & Wisdom

“I don't need a big house ... just a cozy one.”  
—Brooke Lea Foster

“Words of comfort, skillfully administered, are the oldest therapy known to man.”  
—Louis Nizer

“There's a different kind of comfort that comes from knowing that you are putting your best foot forward.”  
—Tom Ford

“Oh, the comfort—the inexpressible comfort of feeling safe with a person—having neither to weigh thoughts nor measure words, but pouring them all right out, just as they are.”  
—Dinah Maria Mulock Craik

“All food is comfort food. Maybe I just like to chew.”  
—Lewis Black




“There is a comfort in rituals, and rituals provide a framework for stability when you are trying to find answers.”  
—Deborah Norville

“Songs don't wear out. Good songs are good now. If they were a comfort during those hard times in the past, they'll be a comfort in today's age.”  
—Levon Helm

“I'm a big believer in small, dark, cozy bedrooms ... I need the enveloping comfort of a little squirrel's nest when I have to retreat from the world to recharge.”  
—Michael Bastian

“There is no happiness like that of being loved by your fellow-creatures, and feeling that your presence is an addition to their comfort.”  
—Charlotte Bronte

# January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Welcome 2023! Happy New Year!	2 New Year's Day (Observed) RCPS No Schools Leasing Office Open 9-12	3	4 National Spaghetti Day! Resident Event 5:30-7:30pm	5 7pm Basketball - Texas State @ JMU	6	7 4pm Basketball - App State @ JMU
8	9	10 10am Coffee & Conversation	11	12	13 	14 7pm Basketball - GA Southern @ JMU NFL Wildcard Weekend
15	16 Martin Luther King Jr. Day RCPS No School	17 RCPS No School	18	19 National Popcorn Day!	20 Buffalo Rose @ Sipe Center	21 NFL Divisional Round Playoff Weekend
22 	23	24	25	26 7pm Basketball - Coastal @ JMU	27	28 4pm Basketball - LA-Monroe @ JMU
29 NFL Championship Games	30	31 Warm Wishes 	<i>January</i>			

